

October 2026

Grand Trunk Trail

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00am Shuffleboard - GTT 11:00am Calendar Visits - GTT 1:30pm Strolls - GTT 2:30pm Residents' Council Meeting - CW 6:30pm Duck Race - FF	2 10:00am Oktoberfest Travelogue - GTT 11:00am 1:1 Visits - GTT 2:00pm Oktoberfest Social: Music with Archie - FF 6:30pm Higher or Lower Card Game - WA	3 10:00am Complimentary Coffee Shop & Music by Randy Grey - WS 1:30pm Short Stories - CN 2:30pm Karaoke - CN
4 10:00am Dice Baseball - FF 11:00am 1:1 Visits - 1st Floor 1:30pm Strolls - 1st Floor 2:30pm Church Service/Hymn Sing - WR	5 9:30am Exercise Class - FF 10:00am Bocce Ball - CN 1:30pm Tuck Shop Visits - GTT 2:30pm Crafter's Corner: Halloween Suncatchers - GTT 4:00pm Folding Frenzy - GTT 6:30pm Pumpkin Spiced Social - FF	6 10:00am Euchre/Uno Group - WS 1:15pm Outing to Great Lakes Farms: By Invitation 1:30pm Over 90's Photos - GTT 2:30pm Magic Table - GTT 4:00pm Strolls - GTT 6:30pm Hymns with Jerry - FF	7 9:30am Exercise Class - FF 10:00am Witch Hat Ring Toss - CN 1:30pm Tuck Shop Visits - GTT 2:30pm Bingo - GTT 4:00pm Strolls - GTT 6:15pm Movie Night: Resident Choice - GTT	8 10:00am Halloween Family Feud - CN 2:00pm Musical Entertainment: Peter & Friends - FF 5:00pm Dinner Club - GTT 7:00pm 1:1 Visits - GTT	9 10:00am Connection Cafe - WS 2:00pm Talk by Pete: Walking Tour North Courthouse Neighbourhood - CR 4:00pm Strolls - GTT 6:30pm Who, What, Where - GTT	10 10:00am Complimentary Coffee Shop & Music by Nicole Tan - WS 1:30pm Ice Cream Sundaes - FF
11 10:00am Name That Tune - CW 1:30pm Strolls - 1st Floor 2:30pm Free Reformed Church Service - WR	12 10:00am Timmies Coffee Shop - WS 11:00am 1:1 Visits - GTT 1:30pm Strolls - GTT 2:30pm Music with Randy! - CN 6:30pm Giant Crossword - CW	13 10:00am Euchre/Uno Group - WS 10:00am Outing to Jackpot Time: By Invitation 1:30pm Strolls - GTT 2:30pm St. Andrew's - WR 2:30pm Edge Game - GTT 3:00pm Halloween Decorating - GTT	14 9:30am Exercise Class - FF 10:00am Pastoral Group - WA 10:00am Penny Auction - CN 11:00am Table Talk - GTT 1:30pm Tuck Shop Visits - GTT 2:30pm Bingo - GTT 6:30pm Peach Cocktail Hour - FF	15 10:00am Drum Fit - GTT 11:00am 1:1 Visits - GTT 2:00pm Birthday Party: Music by Cam! - FF 6:30pm Word Games - CW	16 10:00am Men's Shootin' the Breeze - WS 11:00am Strolls - GTT <i>1:00pm-4:00pm Train Display-FF</i> 2:00pm Art Therapy - GTT 3:15pm Folding Frenzy - GTT 6:30pm Abba Music Concert - CW	17 10:00am Complimentary Coffee Shop & Music by Sam Hornby - WS 2:00pm Lucky Numbers Game - WA
18 10:00am Trivia - GTT 11:00am Strolls - 1st Floor 2:00pm Salvation Army Church Service - WR	19 9:30am Exercise Class - FF 10:00am Manicures - GTT 11:00am 1:1 Visits - GTT 1:30pm Folding Frenzy - GTT 2:00pm Pumpkin Social - GTT 6:30pm Card Bingo - CW	20 10:00am Euchre/Uno Group - WS 10:00am Halloween Jeopardy - CN 11:30am Table Talk - GTT 1:30pm 1:1 Visits - GTT 6:30pm Halloween Rhyme Time - WA	21 9:30am Exercise Class - FF 10:00am What's Baking - GTT 11:00am Strolls - GTT <i>1:30pm-3:00pm Library Visits - FF</i> 1:30pm Tuck Shop Visits - GTT 2:30pm Bingo - GTT 6:30pm Target Toss - CN	22 9:30am Early Learning Centre Halloween Parade - FF 11:00am Table Talk - GTT 1:30pm Make 'em Sparkle - GTT 2:30pm Catholic Service - WR 2:30pm Word Games - CN 6:30pm Giant Connect 4 - GTT	23 10:00am Food Committee Meeting - CR 11:00am Table Talk - GTT 2:00pm Happy Hour! - CR 6:30pm Trivia - WA	24 10:00am Complimentary Coffee Shop & Music by Rick Earhart - WS 2:30pm Famous Faces - CN
25 10:00am Ladder Golf - WA 1:30pm Strolls - 1st Floor 2:30pm Free Reformed Church Service - WR <i>Happy Birthday Mickey C!</i>	26 9:30am Exercise Class - FF 10:00am Name That Halloween Tune - GTT 11:00am 1:1 Visits - GTT 11:00am Music Therapy - GTT 1:30pm Tuck Shop Visits - GTT 2:30pm Halloween Cookie Decorating - GTT	27 10:00am Euchre/Uno Group - WS 11:30am Table Talk - GTT 1:30pm 1:1 Visits - GTT 2:30pm Music with Ken Lightheart! - GTT 6:30pm Ghost Target Game - FF	28 9:30am Exercise Class - FF 10:00am Music Show - GTT 11:00am Table Talk - GTT 1:30pm Tuck Shop Visits - GTT 2:30pm Bingo - GTT 6:30pm How It's Made - FF <i>Happy Birthday Sharon W!</i>	29 10:00am Bones Dice Game - GTT 11:00am Table Talk - GTT 1:30pm Pumpkin Decorating - GTT 6:30pm Candy Corn Toss - FF	30 10:00am Pumpkin Voting & Costume Prep 2:00pm Halloween Social: Music by Guitar Gord! - FF 6:30pm Guess the Candy - CN	31 10:00am Complimentary Coffee Shop & Music by Michael Caruana - WS 2:00pm Halloween Themed Bingo - FF 6:15pm Halloween Movie - FF

CN - CN Crossing

WA - Wabash Line

CR - Community Room

WR - Worship Room

CW - Chesapeake Way

WS - Whistle Stop Cafe

FF - Front Foyer

GTT - Grand Trunk Trail

Karlee is your Grand Trunk Trail Recreationist – ext. 336 or via email at ktaylor@stthomas.ca